



# FIRST LINE TACTICAL ATHLETE PROGRAM

*ONSITE ORTHOPEDIC CARE / BIOMECHANICAL ANALYSIS / INJURY PREVENTION  
SPECIALIZED REHABILITATION / IMMEDIATE ACCESS TO ORTHOPEDIC SPECIALISTS*

## OUR FIRST-OF-ITS-KIND PROGRAM OF EMBEDDED ATHLETIC TRAINERS

As the job demands of law enforcement, fire and rescue become increasingly complex, the need to provide high-quality, specialized healthcare becomes essential.

We embed athletic trainers among teams of public safety officers, first responders and municipal workers to provide orthopedic care as a trusted resource with a cost-effective, efficient model of comprehensive care. Our teams deliver preventative care, health maintenance support, injury triage, immediate care and rehabilitation. They also provide a direct line of access to the region's top orthopedic specialists trained at the highest levels.

In the rare event of an injury that must be sent off site to other orthopedic providers, our trainers expedite referrals, and when specialized rehabilitation or surgical intervention is required, our trainers also coordinate care to ensure a seamless transition occurs between providers.

**No other program can offer the services and experience that Forté Sports Medicine and Orthopedics provides under one roof.**

**Guaranteed.**



### INJURY PREVENTION AND WELLNESS PROTECTION

Athletic trainers are specialists that focus on preventing primary injuries from occurring, improving quality of life and work by boosting return-to-work tempo.



### ONSITE REHABILITATION

For most injuries, athletic trainers reduce time away from work and duty by providing onsite rehabilitation and treatment. This saves time and money for both the tactical athlete and the police or fire department.



### RETURN-TO-WORK

Athletic trainers in our program are highly skilled in functional activity and return to play/duty. They work with sub-specialty physicians and rehabilitation professionals to design, build and implement an individualized plan for tactical athletes to safely return to duty as rapidly as possible.

# IMMEDIATE ACCESS TO SPECIALTY-TRAINED ORTHOPEDIC EXPERTS

For over 40 years, orthopedic specialists at Forté Sports Medicine and Orthopedics have served Indiana and neighboring states with the best in-house orthopedic care.

Our highly-trained surgeons and physicians are experts in the fields of orthopedics and sports medicine. Our team of highly-skilled physicians have been the Indianapolis Colts' official team physicians since 1984, and confidently bring that same level of care to all patients we serve.

Our patients do not have to be professional athletes to benefit from state-of-the-art technology and advanced techniques. Whether our patient is an NFL Hall of Fame quarterback, police officer, battalion chief or stay-at-home Mom, Forté Sports Medicine and Orthopedics has a dedicated team of skilled physicians who serve patients' needs so they do not have to face their injuries alone.

*We work to get you back to your forté, faster.*



HEAR FROM CITY OF CARMEL POLICE OFFICER AND SHOULDER PATIENT, NATE HILL, ABOUT THE TACTICAL ATHLETE PROGRAM



LEARN HOW FORTÉ FIRST LINE TACTICAL ATHLETIC TRAINERS GO ABOVE AND BEYOND TO SERVE



HEAR ABOUT HOW FORTÉ'S EMBEDDED FIRST LINE TACTICAL ATHLETE PROGRAM HELPS PUBLIC SAFETY OFFERS

## TRUSTED BY



[forteortho.com](http://forteortho.com)  
317.817.1200

**Forté** SPORTS MEDICINE  
AND ORTHOPEDICS